



**THE  
EVERYDAY  
PLASTIC  
SURVEY**

ST. ANDREWS

In one week  
you threw  
away...

189

bits of plastic

If you threw away the  
same amount of plastic  
waste for a year, you'd  
throw away...

9,855

pieces of plastic

If all households threw away  
the same amount as you, the  
UK would be throwing away...

268BN

bits of plastic  
every year

Hard plastic

30%

Soft plastic

70%

Recyclable

37%

Non-recyclable

63%

None of the soft plastic  
will be recycled in the UK

this is how much of the plastic that could  
be recycled in a best case scenario.

FOOD AND DRINK ↓

CLEANING AND TOILETRIES ↓

OTHER ↓



What was your plastic waste used for?

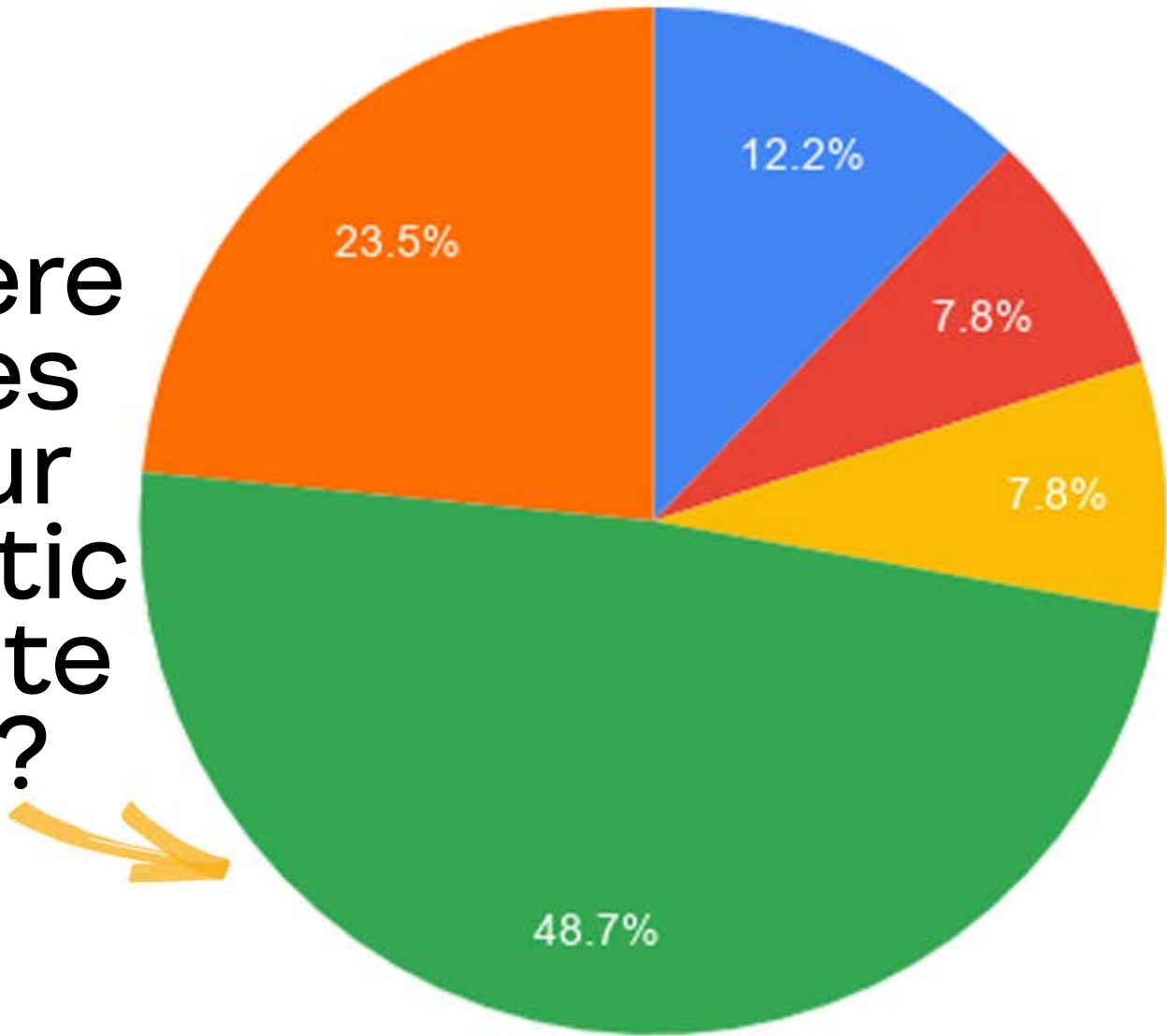
Category	Amount you used in a week	Quick tips: how to swap out the plastic cheaply and simply	How many you could reduce per week	How many you could reduce per year
Milk bottles	5	Order milk to be delivered in glass bottles by Milk&More. Or buy bigger plastic bottles and decant into smaller bottles and freeze them	3.75	195
Water bottles	1	Buy a reusable water bottle and refill at home or on-the-go. You'll save money too!	1	52
Fruit and veg	10	Try buying quarter of your fruit and veg loose at the supermarket or local greengrocers	2.5	130



534

sweet and chocolate wrappers

Where  
does  
your  
plastic  
waste  
go?



- Collected
- Recycled
- Exported
- Burned
- Landfilled

99% was single-use  
packaging



In one week your group threw away

2,073 pieces of plastic

83%

was used to wrap, package or consume food and drink

If you threw away the same amount of for a year, you'd throw away

100,775 bits of plastic

7%

would be recycled in the UK

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The amount your group could prevent from being thrown away by reducing water bottles, milk bottles and fruit & veg packaging by a quarter

3,354